

Coweta County School System

March 2020 Elementary Lunch

Feb 10, 2020

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Monday	Tuesday	Wednesday	Thursday	Friday
Mar - 2 French Bread Cheese Pizza or Chicken Tenders or Power Pack <i>Sm-Butter</i> Sides Seasoned Corn Niblets Green Beans Condiments Rice Krispies Treat, Big Bar Mandarin Oranges Fruit Cup Fruit Juice Milk	Mar - 3 Country Fried Steak Brown Gravy Roll or Hot Dog or Power Pack <i>Nacho</i> Sides Mashed Potatoes Cole Slaw Condiments Banana Applesauce Cup Fruit Juice Milk	Mar - 4 Mini Cinnamon Rolls Sausage Links or Ind. Round Pizza or Power Pack <i>HAM</i> Sides Tater Tots Seasoned Broccoli Floret Condiments Fresh Pear Fruit Cocktail Fruit Juice Milk	Mar - 5 Beef Nachos w/cheese or Popcorn Chicken Roll or Power Pack <i>Pizza</i> Sides Refried Beans Tossed Salad w/Dressing Frozen Juice Cup Condiments Sliced Peaches Pineapple Tidbits Milk	Mar - 6 Wild Mike's Cheese Bites w/Marinara Dip or Burger Choice or Power Pack <i>Sm-Butter</i> Sides English Peas Fresh Baby Carrots w/dip Condiments Orange Wedges Diced Pears Fruit Juice Milk
Mar - 9 Little Smokies w/BBQ Sauce or Chicken Tenders or Power Pack <i>Nacho</i> Sides Biscuit Macaroni & Cheese Tossed Salad w/Dressing Condiments Fresh Apple Fruit Cocktail Fruit Juice Milk	Mar - 10 Turkey & Chz Croissant or Hot Dog or Power Pack <i>Sm-Butter</i> Sides Baked Beans Fresh Baby Carrots Condiments Jello w/Topping Fresh Pear Sliced Peaches Fruit Juice Milk	Mar - 11 Chicken Nuggets Roll or Pizza Wedge or Power Pack <i>HAM</i> Sides Mashed Potatoes Green Beans Condiments Orange Wedges Fruit Cup Fruit Juice Milk	Mar - 12 Mini Corn Dogs or Popcorn Chicken or Power Pack <i>Pizza</i> Sides Pinto Beans Celery Sticks w/dip Peach Cobbler Banana Mandarin Oranges Fruit Juice Milk	Mar - 13 Crispy Fish Sandwich or Burger Choice or Power Pack <i>Sm-Butter</i> Sides Sweet Potato Criss/Cross Fries California Blend Veggies Condiments Pineapple Tidbits Fruit Cocktail Fruit Juice Milk

NA - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Mar - 16 Sweet & Sour Chicken or Chicken Tenders or Power Pack <i>Pizza</i> Sides Egg Roll Orange Glazed Carrots Blackeyed Peas Condiments Fresh Apple Pineapple Tidbits Fruit Juice Milk	Mar - 17 Mini Cheese Calzone and Marinara Dip or Hot Dog or Power Pack <i>Ham</i> Sides English Peas Spiral Fries Condiments Banana Sliced Peaches Fruit Juice Milk	Mar - 18 Soft Taco or Pizza Wedge or Power Pack <i>nacho</i> Sides Seasoned Corn Niblets Tossed Salad w/Dressing Condiments Applesauce Cup Mandarin Oranges Fruit Juice Milk	Mar - 19 HOLIDAY	Mar - 20 HOLIDAY
Mar - 23 French Bread Cheese Pizza or Chicken Tenders or Power Pack <i>Sam Batten</i> Sides Seasoned Corn Niblets Green Beans Condiments Rice Krispies Treat, Big Bar Mandarin Oranges Fruit Cup Fruit Juice Milk	Mar - 24 Country Fried Steak Brown Gravy Roll or Hot Dog or Power Pack <i>Pizza</i> Sides Mashed Potatoes Cole Slaw Condiments Banana Applesauce Cup Fruit Juice Milk	Mar - 25 Mini Cinnamon Rolls Sausage Links or Ind. Round Pizza or Power Pack <i>nacho</i> Sides Tater Tots Seasoned Broccoli Floret Condiments Fresh Pear Fruit Cocktail Fruit Juice Milk	Mar - 26 Beef Nachos w/cheese or Popcorn Chicken Roll or Power Pack <i>Ham</i> Sides Refried Beans Tossed Salad w/Dressing Frozen Juice Cup Condiments Sliced Peaches Pineapple Tidbits Milk	Mar - 27 Wild Mike's Cheese Bites w/Marinara Dip or Burger Choice or Power Pack <i>Sam Batten</i> Sides English Peas Fresh Baby Carrots w/dip Condiments Orange Wedges Diced Pears Fruit Juice Milk

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Mar - 30 Little Smokies w/BBQ Sauce or Chicken Tenders or Power Pack <i>Nacho</i> Sides Biscuit Macaroni & Cheese Tossed Salad w/Dressing Condiments Fresh Apple Fruit Cocktail Fruit Juice Milk	Mar - 31 Turkey & Chz Croissant or Hot Dog or Power Pack <i>Sm Biscuits</i> Sides Baked Beans Fresh Baby Carrots Jello w/Topping Condiments Fresh Pear Sliced Peaches Fruit Juice Milk			

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Mar - 2 Mini Pancakes Syrup or Cereal Yogurt Sides Fresh Apple Fruit Cup Fruit Juice Milk	Mar - 3 Cherry Strudel or Cereal Frosted Pop Tart Sides Cinnamon Sugar Oatmeal Applesauce Cup Fruit Cocktail Fruit Juice Milk	Mar - 4 Bacon Biscuit Jelly or Cereal Buttered Toast Sides Cheese Grits Banana Sliced Pears Fruit Juice Milk	Mar - 5 Breakfast Pizza, IW or Cereal Muffin Sides Tater Tots Condiments Raisels Fruit Juice Milk	Mar - 6 Steak Biscuit Jelly or Cereal Frosted Pop Tart Sides Sliced Peaches Pineapple Tidbits Fruit Juice Milk
Mar - 9 Sausage Biscuit Jelly or Cereal Buttered Toast Sides Buttery Grits Applesauce Cup Pineapple Tidbits Fruit Juice Milk	Mar - 10 French Toast Sticks or Cereal Frosted Pop Tart Sides Tater Tots Condiments Fresh Apple Fruit Juice Milk	Mar - 11 Funnel Cake or Cereal Cheese Stick Sides Condiments Banana Sliced Peaches Fruit Juice Milk	Mar - 12 Chicken Biscuit Jelly or Cereal Muffin Sides Orange Wedges Applesauce Cup Fruit Juice Milk	Mar - 13 Donut Holes or Cereal Frosted Pop Tart Sides Cinnamon Sugar Oatmeal Fruit Cup Raisels Fruit Juice Milk
Mar - 16 Mini Pancakes Syrup or Cereal Yogurt Sides Fresh Apple Fruit Cup Fruit Juice Milk	Mar - 17 Cherry Strudel or Cereal Frosted Pop Tart Sides Cinnamon Sugar Oatmeal Applesauce Cup Fruit Cocktail Fruit Juice Milk	Mar - 18 Bacon Biscuit Jelly or Cereal Buttered Toast Sides Cheese Grits Banana Sliced Pears Fruit Juice Milk	Mar - 19 HOLIDAY	Mar - 20 HOLIDAY

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Mar - 23 Sausage Biscuit Jelly or Cereal Buttered Toast Sides Buttery Grits Applesauce Cup Pineapple Tidbits Fruit Juice Milk	Mar - 24 French Toast Sticks or Cereal Frosted Pop Tart Sides Tater Tots Condiments Fresh Apple Fruit Juice Milk	Mar - 25 Funnel Cake or Cereal Cheese Stick Sides Condiments Banana Sliced Peaches Fruit Juice Milk	Mar - 26 Chicken Biscuit Jelly or Cereal Muffin Sides Orange Wedges Applesauce Cup Fruit Juice Milk	Mar - 27 Donut Holes or Cereal Frosted Pop Tart Sides Cinnamon Sugar Oatmeal Fruit Cup Raisels Fruit Juice Milk
Mar - 30 Mini Pancakes Syrup or Cereal Yogurt Sides Fresh Apple Fruit Cup Fruit Juice Milk	Mar - 31 Cherry Strudel or Cereal Frosted Pop Tart Sides Cinnamon Sugar Oatmeal Applesauce Cup Fruit Cocktail Fruit Juice Milk			

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